

Daily Bulletin: October 8, 2019

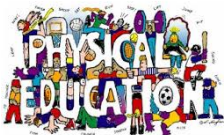
B-Day



7:00-7:55 - Zero period
 7:55-8:00 - Passing
 8:00-9:53 - period 4
 9:53-9:59 - Nutrition
 9:59-10:08 - Passing
 10:08-12:12 - period 5
 12:12-12:43 - Lunch
 12:43-12:52 - Passing
 12:52- 2:45 - period 6

NEW ID CARDS - All Students

All students must exchange their current ID cards for a new one this week. Please come at Nutrition or Lunch to the tables next to the Student Store. You must have this new ID prior to purchasing anything from the student store



PE INDEPENDENT STUDY MEETING will be held on Tuesday, **October 15th** in the Gym during Lunch. All students who are enrolled in the PEIS class need to attend please.



Don't miss the fun! Join us for our PV High Leadership vs. Drama ComedySportz Match this Thursday, **October 10!** It's a laugh a minute as the Drama students slug it out with ASB and BTC! Who will win???? Find out at 7pm in the MPR this Thursday! \$5 admission



Join **Black Student Union** every Tuesday at lunch in Ms. Mogilefsky's room, #509. All are welcome!



Join Write Way, the **PVHS Creative Writing Club** for Write Way Wednesdays in Ms. Mogilefsky's Room (509). Writers and those who love them are all welcome



The SNHS meeting is on October 10th at lunch in the MPR.



National Chinese Honor Society membership application is open today and due on Friday, **10/11/19**. You can pick up an application form and turn it in to Ms. Wei in Room 413. The form is also posted in Edmodo. All students who are currently enrolled in Chinese classes are invited to join in.



COLLEGE CAREER CENTER NEWS:

Applications for the **2020 MILITARY ACADEMY NOMINATION CYLCLE** are currently be accepted by Congressman Ted Lieu's office. **All applications for nomination must be received by 5:00 pm on October 18, 2019. Interviews will be held on November 2, 2019.** To request a Military Academy Nomination from their office, please submit a complete application, found at

<https://lieu.house.gov/services/military-academy-nominations> that includes:

- 3 letters of recommendation (at least 2 academic)
- **Official** high school transcript
- **Official** SAT or ACT scores (SAT school code: 7199 / ACT school code: 7272)

- One-page essay explaining why you wish to attend a Service Academy
- Resume of extracurricular activities
- Current photo
- A completed application form

Please do not hesitate to contact Ms. Daisy Paniagua-Urbe at (323) 651-1040 or ServiceAcademyNOM.Lieu@mail.house.gov should you have any questions.

SENIORS, the CAL GRANT GPA data was successfully uploaded by PVPUSD. If you opted out of this process, your information was not uploaded. In order to be considered for the Cal Grant Awards, **seniors must also submit the FAFSA** (*Free Application for Federal Student Aid*). If you have NOT filed the FAFSA, please do so before the deadline posted by the college/university to which you applied. To access the FAFSA website, click on <https://studentaid.ed.gov/sa/fafsa>

COLLEGE VISITS NEXT WEEK:

IMPORTANT INFORMATION REGARDING COLLEGE VISITS in 2019-20:

- Students are required to REGISTER TO ATTEND a college visit at least 48 hours prior to the visit. Students sign up under the "Colleges" tab on Naviance.
- Students must obtain prior permission from their teacher to attend the visit. Please download the [CCC College Visit Permission Slip](#) which can be found on the PVHS website under College and Career Center.

Tuesday, October 8

9:15 am – Claremont McKenna College

10:15 am – Azusa Pacific University

11:15 am – University of San Francisco

12:15 pm – Drexel University

2:00 pm – Simmons University

Wednesday, October 9

No College Visits

Thursday, October 10

9:15 am – College of Charleston

10:15 am – George Mason University

11:15 pm – University of Arizona

12:15 pm – Western Washington University

1:00 pm – Embry Riddle Aeronautical University, Prescott and Air Force ROTC

2:00 pm – University of Pittsburgh

Friday, October 11

9:15 am – Rice University

10:15 am – Marymount California University

12:15 pm – University of Minnesota, Twin Cities

OUTSIDE OPPORTUNITIES

The **Congressional App Challenge** is a public effort to encourage kids to learn how to code, through district-wide competitions. All middle and high school students that either attend or reside in CA-33 are eligible to participate. Students may register as individuals or as teams of up to four. To register, please go to www.CongressionalAppChallenge.us. The deadline for students to submit their app online is **Friday, November 1, 2019**.

The **2020 Ignite LA Fellowships** are currently open to Los Angeles County high school **sophomores and juniors**. This opportunity sends students on an **all-expenses-paid Earthwatch expedition** over the summer to conduct hands-on scientific research in the field at a variety of locations throughout the country. The fellowship looks for students with energy, creativity, and a passion to learn, and is not based on academic performance. Applications are due by **December 4**. For more detailed information and to apply please refer to their website: earthwatch.org/ignite.

SCHOLARSHIP OPPORTUNITIES and DEADLINES:

Please find below a *partial* list of scholarships that are now posted on NAVIANCE. Many of the scholarships shown are for SENIORS ONLY. However, there are a several open to ALL STUDENTS, grades 9-12. To access more information on these scholarships, please log onto NAVIANCE. Click on the COLLEGES tab and then scroll down to SCHOLARSHIPS and MONEY. Click on SCHOLARSHIP LIST. At this point, select the scholarship of interest. In many cases, you will be directed to a website for the application. In other instances, you may be able to download the application directly from NAVIANCE. **Scholarship Deadlines through November 5, 2019**

- **OCTOBER 31 - COCA COLA SCHOLARS** (\$20,000) – this is an achievement-based scholarship awarded to graduating high school seniors. Students are recognized for their capacity to lead and serve, as well as their commitment to making a significant impact on their schools and communities. 150 Coca-Cola Scholars are selected each year to receive this \$20,000 scholarship. Students who will be graduating in the 2019-2020 academic school year may apply at <https://webportalapp.com/sp/login/ccsf> through Wednesday, October 31, 2019.
- **OCTOBER 31 - VETERANS OF FOREIGN WARS VOICE OF DEMOCRACY SPEECH CONTEST** (up to \$30,000) - this audio essay contest provides students in grades 9 - 12 the unique opportunity to express themselves in regards to a democratic and patriotic-themed 3-5 minute recorded essay. This year's theme is "What Makes America Great". Entry forms are available on line at www.vfw.org.
- **NOVEMBER 1 - CHRISTOPHER COLUMBUS ESSAY CONTEST** (up to \$1200) – grades 9-12; write an 800-1,200 word essay on “A Sailor’s Experiences as part of Christopher Columbus’ First Expedition to the Americas”. Further information/applications may be downloaded from NAVIANCE.
- **NOVEMBER 1 - JUNIOR AMERICAN CITIZEN CREATIVE EXPRESSION CONTEST** (Varies) - grade 9-12; several categories from which to choose including art, creative writing, photography and community service. The theme for 2019/2020 is “The 100th Anniversary of the 19th Amendment – American Women Rise and Shine”. Further information/applications may be downloaded from NAVIANCE.
- **NOVEMBER 5 - ELKS CLUB MVS FOUNDATION** (up to \$50,000) – seniors only; local/district/state/national competition; applicants will be judged on scholarship, leadership, community service, and financial need. Large emphasis on grades/test scores. To apply, log onto <https://www.elks.org/scholars/scholarships/MVS.cfm>
- **NOVEMBER 5 - PRUDENTIAL SPIRIT OF COMMUNITY AWARD** (\$1,000; \$5,000) - grades 5-12; state/national competition; recognizes volunteerism and the positive contributions of young people who make a difference in our community. Grades and test scores are NOT considered in the application. Applications are available online at <http://spirit.prudential.com>.

read through the directions carefully on the school website and register both on myap.collegeboard.org and on Totalregistration.net

For more information see your AP teacher and [click here](#)



HOME GAMES

Thursday, 10/10

JV Football vs. Centennial @ 3pm

JV Girls' Tennis vs. Mira Costa @ 3pm

Boys' Water Polo vs Foothill: V/3pm,JV/4pm, FS/5pm

Varsity Girls' Golf vs. Santa Monica @ 3pm (PVCC)

JV Girls' Golf vs. Peninsula @ 230pm (Terranea)

SOFTBALL

Parent meeting will be held on Tuesday, **October 15th** in the Library. Parents please come for information about the program and season.

BOYS' BASKETBALL TRYOUTS

A final tryout will be held on **Saturday, 11/2/19** from 8-10am in the Gym. Students must have a current physical on file in the Health Office to try out



Freedom4U A Non-Profit Organization freedomcommunity.com

Service Leadership Program

Freedom4U Mission: Our mission is to identify, develop and release the potential of youth into their life purpose by offering peer-driven healthy activities such as creative arts, life skills, service projects, and leadership opportunities to youth in the South Bay/Harbor Area of L.A. Currently, Freedom4U has monthly service projects that all teens are welcome to attend. We are seeking to develop emerging young leaders.

Service Leadership Program: Freedom4U is launching a program whereby teens can gain important leadership skills of writing, speaking and organizing while leading other teens in a service area they care about. The service area can be a project or cause that is benevolent to other people, the culture, to an organization or the environment.

Teens will learn to effectively communicate by working with others and by demonstrating patience, passion for charity work, and listening skills. They will be surrounded by staff who have found their ever-growing love for charity work, and who are ready and willing to help guide them into making the community a better place.

Service: Students will learn service skills of, compassion, communication, understanding social services dynamic, social justice, interfacing with other nonprofits and private businesses to provide service to the community.

Leadership: Students will develop necessary leadership skills to lead others in their service area interest. Students will learn leadership skills of organization, administration of finances, budgets, supplies and resources. Leadership will be centered on communication to create and guide a team/group towards a specific cause of direction and purpose. Teens will be working closely with a group to establish and reach goals as a team. Teens will then learn the important concepts of accountability and reliability as an emerging leader.

Application: Current high school teens will be required to submit an application by Nov. 1, 2019. Selected teens will be asked to attend an interview. Teens will be notified about final acceptance or denial by Nov. 21, 2019. A limited number of teens will be accepted for this program. Program timing is for school year 2019-2020

Program acceptance criteria to be considered: an understanding of personal strengths and interests, identification of service area of focus, references and personal experiences information. Teens will need to identify area of service interest. They will receive guidance in researching and understanding an area of interest. Process may include service in the specific area, followed by leading others in service in that area.

Final Scholarship Awards Night:

Teens will have the opportunity to enter scholarship awards night. Teens will present a slide show or video presentation about their service project. A panel of judges will determine 1st, 2nd, 3rd place, honorable mention scholarship awards. The event will consist of teen performances, dinner, presentations and scholarship awards.

Freedom4U is a Nonprofit Public Benefit Corporation 501(c)(3) in the State of California for Educational purposes. Freedom4U is not affiliated with any political or religious group. Donations & Gifts are tax deductible.

Teens can apply at <https://www.freedomcommunity.com/service-leadership>

PVPUSD Student Mental Health and Support



Community Connections *Speaker Series*

Understanding the Dangers of Vaping: A Panel Discussion
Thursday, October 24, 2019 at 6:30 pm

When to Worry: Navigating the Teen Years
Thursday, December 12, 2019 at 6:30 pm

Social Media and the Impact on our Teens
Thursday, April 16, 2020 at 6:30 pm

Speaker Series Events will be held in the PVPUSD Board Room.
Attend in person or live-stream the event from your home.

SAVE THE DATE

Supporting Student Mental Health: A Wellness Symposium

Presentations and Workshops
February 22, 2020 at 9:30 am
Peninsula High School

Sponsored by Peninsula Education Foundation and PVPUSD PTSA Council



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NSPA
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CSPA
Gold Medalist
ASPA
Best HS Yearbook
Best Editorials
Best Profiles



TRADEWINDS

Literary Magazine Submissions 2019



What: Submissions for
Tradewinds Literary
Magazine 2019-2020

Theme - Loud LOUDER

When:

Due date: October 18, 2019

Where: Submit all entries to
Room 415,
pvhstradewinds@gmail.com
or Ms. Pavelka's box in
PVHS Administration

Pick up applications from English,
Art & Photo teachers or
pvhs.pvpusd.net

CAPITOL COMES TO CAMPUS

AN OPPORTUNITY TO MEET YOUR LOCAL REPRESENTATIVES

As part of PVP Council of PTA's on-going civic education program, representatives from our local government will meet with PVPUSD high school students & parents to discuss the role of government, issues impacting our students and community, and the importance of civic participation.

***PVHS PTSA will sponsor the first 25 PVHS students who register but a \$40 deposit check is required to reserve a spot. A sponsored student must be a PTSA member. The check will be returned upon check-in at the event. If a student does not attend the event, the check will be cashed.**

Please submit the reservation form (see below) and a \$40 check (payable to "PVHS PTSA") in the PTSA 7th VP folder in the Main Office by **Friday, October 4th.**

All students interested in applying to Capitol Convoy in the spring are encouraged to attend.

Questions? Please email pvhsptsa7thvp@gmail.com.

CAPITOL COMES TO CAMPUS RESERVATION FORM

NAME:

GRADE:

EMAIL:

\$40 CHECK #:

CELL:

PVHS PTSA MEMBER: YES NO

PVHS PTSA MEMBERSHIP (\$15) IS REQUIRED FOR STUDENTS TO RECEIVE SPONSORSHIP. DEPOSIT CKS WILL BE RETURNED AT CHECK IN.



THURSDAY, OCTOBER 17TH

- 5:00PM: CHECK-IN
- 5:30PM-8:00PM: DINNER & PROGRAM

LOS VERDES GOLF CLUB

7000 LOS VERDES DR., RANCHO PALOS VERDES

TICKETS: \$40 GENERAL; FREE TO FIRST 25 PVHS STUDENTS *

- PLEASE SEE REQUIREMENTS

BUSINESS ATTIRE REQUIRED

SPONSORED BY PALOS VERDES PENINSULA
COUNCIL OF PTAS



LOOK WITHIN



2019 – 2020
Call for Entries!

Deadline for Entries: October 11, 2019

For Details: pvhsreflectionsprogram@gmail.com

Visit [PTA.org/Reflections](https://www.pta.org/Reflections) to learn more and get involved.

“Look Within” is the theme for the **2019-2020 Reflections Art Program**, which has been bringing the arts to life for more than 10 million students since 1969. PVHS students are invited to participate and submit original artwork in one of six areas:

- Dance Choreography
- Literature
- Photography
- Film Production
- Music Composition

- Visual Arts.

Entry form and rules are available [here](#). Enter today and show us your Sea King talent! Deadline for submission is **October 11**. Entries are collected in the PVHS Library.

